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THUMB AND THUMBER

Premier Dalton McGuinty and Prime Minister Stephen Harper press the flesh on Wednesday after attaching the final parts to a Lexus SUV at the Toyota automotive plant in Cambridge. For more, see page 6. FRANK GUNN/THE CANADIAN PRESS

Rethinking mental illness

London police — and the community at large — need to change the way they deal with the mentally ill, a new study suggests PAGE 3

Golden girl

Folk-rock artist Alanna Gurr returns to her London roots on Friday night with a concert to promote her new single, Golden Coast, at Museum London PAGE 8

Citizen cam

Most of those electronic eyes taking pictures of you are breaking privacy laws, says a University of Toronto professor who's offering $100 to prove him wrong PAGE 4

One Knights stand

Determined to end their losing streak, the London Knights are putting their best skate forward on the road trip east PAGE 14

Buses on the line

Budget battle begins. LTC funding among multimillion-dollar questions up for debate by city council

ANGELA MULLINS
angela.mullins@metronews.ca

Thirty years old, launching a career and ready to lay down roots in London, Amanda Stratton is the image of the young professionals city leaders want to attract.

Access to public transit was something Stratton considered when she sold her car and moved here from Listowel in July.

"I figured I was on two bus routes, so I didn't need to drive," she said.

Her well-thought-out plan is on the verge of backfiring as city council drives toward a third-consecutive tax freeze.

The London Transit Commission has asked for $1.2 million more from the city compared to 2012. It's one of many funding requests councillors will consider on Thursday in their first budget debate.

City staff tabled a budget in December that requires $11.5 million in cuts or new revenue to avoid a tax hike. Cuts made between now and Feb. 28, the date slated for budget approval, will be on top of about $8 million worth that administrators pencilled into their proposal.

If council doesn't meet the LTC's request, some bus routes may be eliminated, general manager Larry Ducharme said. "When (having buses on the roads) is your main cost-driver, you can't (achieve) permanent cost-attainment without cutting service," he said.

The cuts could affect late-evening and Saturday service, including the route Stratton takes to get downtown.

"Basically, I won't be able to be downtown after 6 p.m. or on Saturday," she said.

Passing a budget that leads to those kinds of cuts would be shortsighted, running contrary to the city's efforts to attract newcomers, Stratton said.

"In terms of economic development, one of the big jobs for our city is (having) a good transit system," she said. "There are people who choose not to live in London because there's not an extensive transit system."

What's at stake

The LTC has proposed the following if the city doesn't meet its funding request:

- **Eliminating routes:** 28 Lambeth, 8 Riverside, 37 Sovereign Road (Industrial), 39 Fanshawe West
- **Eliminating late-evening service:** 5 Springbank, 11 Southcrest, 12 Wharncliffe, 19 Oakridge, 36 Oxford (Industrial)
- **Eliminating Saturday service:** 38 Stoney Creek, 19 Oakridge

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Police study calls for change in way we deal with mentally ill

Services. Cost of dealing with mental health issues could rise to $16M in 2015 if no action is taken

JOHN MATISZ
john.matisz@metronews.ca

Lisa Heslop, left, supervisor of the victim services unit for the London Police Service, presents the Donner Study to Supt. John Pare, left, Deputy Chief Brent Shea and Chief Brad Duncan during a local Police Services Board meeting on Wednesday. JOHN MATISZ/METRO

The Donner Study has found that the loss of institutionalized mental health services is costing London police more money and more time.

Data collected from 2000 to 2011, which was presented to the city's Police Services Board on Wednesday, indicates interaction rates between people with mental illness and officers continues to climb.

Presently, two officers devote about 7.2 man-hours per mental health call. For the most part, these are calls that formerly fell under the mental health services umbrella.

"Our officers are well trained in dealing with individuals who are exhibiting mental health issues," said London police Chief Brad Duncan. "But, we are what we call a triage. We are dealing with them on an interim basis."

The goal of the study was to "better understand the unintended consequences of shifting treatment and support resources from hospital to community."

Since mental health services were deinstitutionalized in 1999, many patients have ended up on the street and into trouble with police regularly. And things aren't expected to get better without changes, the study says.

Police believe it'll cost them $16 million in 2015 to deal with mental health issues if there is no action taken to change the current system. That price tag would be $4 million more than the estimated total for this year.

"I think it speaks to the criminalization of mental illness," said Lisa Heslop, supervisor of London Police Service's victim services unit and the Donner Study's lead presenter. "We're talking about people being more and more at risk of police contact."

According to the board's chair, Michael Deeb, the study provides hard data on the effects of deinstitutionalizing mental health services.

"This is not a baby step — it's a gigantic step," Deeb said.

Duncan says he plans on reaching out to the local health care community, namely London Health Sciences Centre, to start a discussion around solutions to the double-edged problem.

"It's not just about budget dollars, it's about therapeutic outcomes," Duncan said.

Emergency room visits

1,500

Number of visits local police officers made to emergency rooms in 2012 with the purpose of dropping off someone suffering from a mental illness.
**Source: Brad Duncan, London police chief*

Crane closes Clarence St.

A massive construction crane closed off Clarence Street between Dufferin and Queens avenues from the early morning until 5 p.m. on Wednesday. Construction workers were moving new generators to the top of the Bell building (479 Clarence St.) with the crane's help. JOHN MATISZ/METRO

Warm centres now open

Warming centres are available to Londoners during this extreme cold alert issued by the Middlesex-London Health Unit, the city announced Wednesday.

Community centres and public libraries will be open for anyone who needs shelter from the cold.

In a news release, Mayor Joe Fontana encouraged Londoners to take advantage of the warming centres.

"We want all our residents to be safe and warm, and I encourage everyone in need of shelter to come in from the cold," Fontana said.

"This is a time when we must make certain no one is left in need. We must be vigilant in our compassion and care of one another."

The full list of locations is available at london.ca, or call 519-661-5575.

For the addresses of local libraries, visit londonpubliclibraries.ca, or call 519-661-4600.

METRO

London CANADA

United Way

Western campaign sets a new record

Western University's 2012 fundraising campaign for the United Way of London and Middlesex has set a new record.

The campaign raised $746,101, which is the largest donation made to the United Way of London and Middlesex, breaking the previous record of $716,632 set by Western's 2011 campaign. METRO

Legendary rockers

Pearl Jam to play London July 16

Rockers Pearl Jam are coming to Budweiser Gardens this summer — their only Canadian stop. Tickets go on sale Feb. 9. Call 1-866-455-2849 or visit budweisergardens.com. Tickets will also be available at the Gardens Box Office, Masonville Place guest services, UWO BookStore, BooksPlus, and the Fanshawe College Biz Booth. METRO

Wine and Food Show

Western Fair District gives back

Two local organizations will benefit from the success of the Western Fair District's Wine and Food Show, held earlier this month. The $640 from empty bottles was given to Mothers Against Drunk Driving (MADD).Coat-check volunteers donated their tip money (about $2,400) to the Animal Rescue Foundation. METRO

Prof in search of 'privacy compliant' surveillance cam

Cash reward. Privacy laws require businesses filming public areas to inform people that they are being recorded

JESSICA SMITH
Metro in Toronto

A University of Toronto professor is offering $100 to anyone who can show him a surveillance camera, operated by a business, that complies with Canada's privacy laws — but it isn't an easy C-note.

"We thought this is something that calls for more attention, so we wanted to document the problem, without having to do all the documentation ourselves," said Prof. Andrew Clement, co-ordinator of the Information Policy Research Program at the University of Toronto.

Privacy laws differ between provinces and between the public and private sector, but Canada's privacy commission has summed up the requirements businesses have when recording people's images in a public area, said Clement. One requirement that is visibly lacking in most cases is a sign informing people that they are being recorded.

The signs should also say what the purpose of the surveillance is and who to contact about it, said Clement.

After two years of offering the $100 reward to his students for educational purposes, he's now opening it up to the entire country. Anyone can submit photos and descriptions of surveillance cameras to surveillancerights.ca and through an Android smartphone app, which is at the Beta-testing stage, available through the app store Google Play.

In some cases, it can be hard to tell who is responsible for a camera, which in itself is a problem, said Clement.

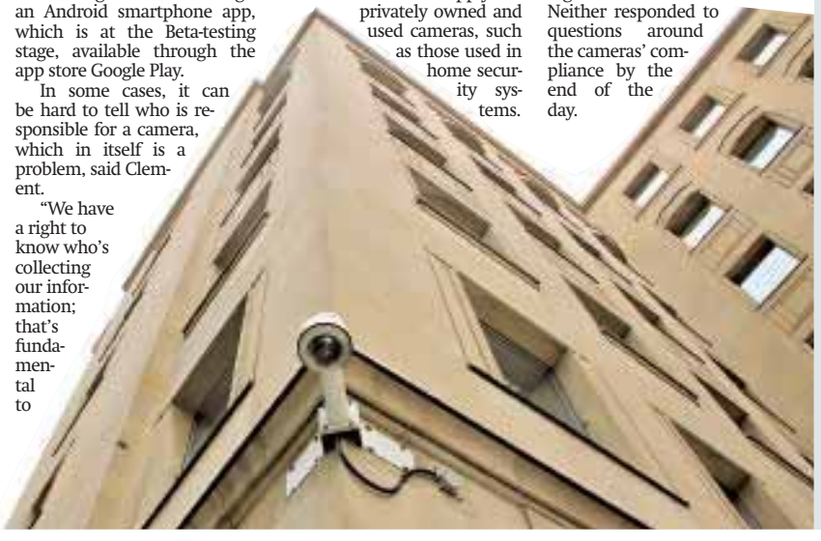
"We have a right to know who's collecting our information; that's fundamental to our privacy legislation," he said. "If you don't see a sign, it's clearly not compliant with privacy laws around informed consent."

That law does not apply to privately owned and used cameras, such as those used in home security systems.

On Wednesday, Metro contacted a large property management company and a luxury hotel chain, both of which have surveillance cameras looking out on downtown streets. Neither responded to questions around the cameras' compliance by the end of the day.

Privacy probe

"Now is the time for us to pay attention to where our personal information is going and who's doing what with it for what reasons."
Prof. Andrew Clement



Big brother

Why you should care

Clement believes informing people when they are being recorded is important now, but will become more important in the future as technology develops.

Video surveillance is also an issue for people who don't want their intimate moments recorded and marginalized people, when under surveillance, will more likely be treated with suspicion, he said.

"A growing concern, which hasn't emerged much yet, is when analytic capabilities are being built into these cameras — facial recognition or other kinds of tracking," he said.

Technology is being developed that can track people's information and link it to their image, said Clement, adding now is the time for people to insist on their privacy rights.

Antarctica. Rescuers looking for 3 Canadians on missing plane

Rescuers looking for three Canadians aboard an airplane presumed to have gone down in Antarctica were grappling with bad weather conditions Wednesday, as low visibility and strong winds hampered search efforts.

No information was available on the fate of the three men aboard the ski-equipped Twin Otter, which is owned by Calgary-based Kenn Borek Air.

A spokesman for the U.S. National Science Foundation, which operates a research station helping in the search for the missing plane, said the trio aboard the aircraft are thought to be Kenn Borek crew members — a pilot, a co-pilot and a flight engineer.

"My understanding is that it was just the flight crew and no passengers," said Peter West, who is based in Arlington, Va., and had been in touch with crews in Antarctica.

The plane was flying from the South Pole to an Italian base in Antarctica's Terra Nova Bay.

"The flight was under the auspices of the Italian National Agency for New Technologies, Energy and Sustainable Economic Development," said West. "That's who the flight was in support of."

Some Canadians discussing the incident on Twitter identified Kenn Borek pilot Bob Heath as one of those on board the missing plane. Calls to his residence were referred to the airline.

"Fingers crossed bigtime for friend Bob Heath — pilot of missing Kenn Borek Twin Otter down in Antarctic...25+ years experience extreme flying," tweeted one person.

Few details were available on the condition of the missing aircraft, which began transmitting signals from its emergency locator beacon late Tuesday night. THE CANADIAN PRESS

High-risk rescue

Kenn Borek Air has been in operation since 1970. According to the company's website, 14 aircraft participated in its 2012 Antarctic season.

- The company, which is also a fixture in Canada's North, has been sending planes to Antarctica for the past 28 years.
- In 2001, its pilots and planes were involved in the daring rescue of an ailing American doctor from the Amundsen-Scott South Pole Station.

Forcing the discussion. Chief Theresa Spence to end 44-day hunger strike

Attawapiskat Chief Theresa Spence has agreed to end her hunger protest, and National Chief Shawn Atleo is coming back to work, but Ottawa-First Nations politics are certainly not returning to normal.

Spence agreed Wednesday to call a halt to her 44-day fast, during which she stayed in a teepee on a frigid island upstream from Parliament Hill — and managed to push First Nations issues to the top of the national political agenda.

The protest commanded the attention of Prime Minister Stephen Harper, and galvanized public opinion in Canada and around the world, revealing a stark division between people who want to see more help for First Nations and those who believe they already get too much.

The protest also exacerbated a schism within the Assembly of First Nations, with many chiefs questioning Atleo's leadership, and touched off a round of public soul-searching about what it takes to bring success to aboriginal people in Canada.

"Our shared goal is simple and clear: to guarantee that our children can achieve the brighter future that they deserve. This is what every chief across this country ... will continue to fight to achieve," Atleo said in a statement Wednesday.

Spence has been subsisting only on fish broth and medicinal tea since Dec. 11.
THE CANADIAN PRESS

Chief Theresa Spence is ending her 44-day hunger strike, which was initially supposed to help set up a meeting with the prime minister, the Governor General and First Nations leaders. FRED CHARTRAND/THE CANADIAN PRESS

Pizza, but no cash

Would-be thief changes his mind

A Montana man who apparently planned to rob a Papa John's restaurant changed his mind as the clerk started to hand him money, broke down crying and ended up leaving with a pizza offered to him by the clerk to feed his hungry family. Helena Police Chief Troy McGee praised the clerk's actions, and said he's not sure what he could charge the man with.
THE ASSOCIATED PRESS

Right to fight

U.S. drops ban on women serving in combat

Senior U.S. defence officials say Pentagon chief Leon Panetta is removing the military's ban on women serving in combat, opening hundreds of thousands of front-line positions and potentially elite commando jobs after more than a decade at war.

The groundbreaking move recommended by the Joint Chiefs of Staff overturns a 1994 rule prohibiting women from being assigned to smaller ground combat units.
THE ASSOCIATED PRESS

Next in line

Joe Biden for president in 2016?

A few days into President Barack Obama's second term, talk has already turned to who will run to succeed him in 2016 — and his often unscripted vice-president has become the latest favourite in the guessing game.

Biden has been called perhaps the most influential vice-president in U.S. history, and his decades of experience in the Senate have been used to help broker deals on the recent so-called "fiscal cliff" and lead on issues such as gun control. THE ASSOCIATED PRESS

Morocco

Gov. to change law that allows rapists to marry victims

Nearly a year after Morocco was shocked by the suicide of a 16-year-old girl who was forced to marry her alleged rapist, the government has announced plans to change the penal code to outlaw the traditional practice. A paragraph in the penal code allows those convicted of "corruption" or "kidnapping" of a minor to go free if they marry their victim. THE ASSOCIATED PRESS

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Corporate wireless market.

RIM opens secure enterprise system to other smartphones

Smartphone owners who want to use their personal phones at work can now pick whether it's a BlackBerry, iPhone or Android device.

Research In Motion made the latest update to its secure enterprise service available for download to IT professionals on Wednesday, which it said gives IT departments the flexibility to accommodate a growing trend of bring-your-own-device in workplaces.

"It's a single platform, from an IT perspective, that can manage the full suite of mobility devices they may need to support inside of their organization," said Jeff Holleran, senior director of enterprise product management of RIM in a recent interview.

The move comes as competition heats up for the highly lucrative corporate smartphone market, which has largely been a stronghold for RIM for years, but other players in the industry are making their own plans. THE CANADIAN PRESS

Defensive move?

- Opening up its enterprise service also protects RIM from the possibility that its new devices could be considered a sales flop.
- With a system that invites both the Apple and Android operating systems into the fray, it could continue to operate no matter the outcome of the new product launch.

Market Minute

DOLLAR 100.10¢ (-0.64¢)

Natural gas: $3.57 US (+1¢)
Dow Jones: 13,779.17 (+66.96)

TSX 12,794.05 (-30.59)

OIL $95.23 US (-$1.45)

GOLD $1,686.70 US (-$6.50)

Critics fight soft drink size limit on racial grounds

New York City. New rule to curb sugary beverages could harm minority businesses, opponents argue

Various sizes of soft drink cups stand next to stacks of sugar cubes during a May 2012 news conference at city hall in New York. Critics of the city's regulation limiting the size of soft drinks are using arguments including racial fairness to try and stop the rule from taking effect. THE ASSOCIATED PRESS FILE

Opponents of the New York City's limit on the size of sugary drinks are raising questions of racial fairness alongside other complaints as the novel restriction faces a court test.

The NAACP's New York state branch and the Hispanic Federation have joined beverage makers and sellers in their effort to stop the rule from taking effect March 12. Critics are attacking what they call an inconsistent and undemocratic regulation, while city officials and health experts defend it as a pioneering and proper move to fight obesity.

The issue is complex for the minority advocates, especially given obesity rates that are higher than average among blacks and Hispanics, according to the federal Centers for Disease Control. The groups say in court papers they're concerned about the discrepancy, but the soft drink rule will unduly harm minority businesses and "freedom of choice in low-income communities."

The latest in a line of healthy-eating initiatives during Mayor Michael Bloomberg's administration, the beverage rule bars restaurants and many other eateries from selling high-sugar drinks in cups or containers bigger than 16 ounces. Violations could bring $200 US fines. The city doesn't plan to start imposing those until June.

The NAACP and the Hispanic Federation, a network of 100 northeastern groups, say minority-owned delis and corner stores will end up at a disadvantage compared to grocery chains. That's because supermarkets and many convenience stores — including 7-Eleven, home of the Big Gulp — aren't subject to city health regulations. THE ASSOCIATED PRESS

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Global economic slowdown impacting Canada: Harper

Prime Minister Stephen Harper is lowering expectations when it comes to Canada's economy, saying a global financial slowdown is affecting the country's growth.

The prime minister spoke after the Bank of Canada downgraded its economic growth outlook for the country to 1.9 per cent for the year just ended and two per cent for this year.

The central bank also said it will likely have to keep interest rates at super-low levels for longer than expected in the face of the surprisingly weak economy.

By the numbers

2%

The Bank of Canada has downgraded its economic growth outlook for the country to 1.9 per cent for the year just ended and two per cent for this year.

Harper says his government downgraded its own growth forecast in the fall due to changes outside its borders.

"There has been a general slowing of the global economy over the past half-year, so it is obviously a concern to us. And ... it's going obviously to have some fiscal impact on us, will have some impact on the pace of job creation."

But Harper says despite the setback, Canada continues to create jobs and is faring relatively well compared to other countries.

He spoke after announcing that Toyota will receive nearly $34 million from the federal and Ontario governments as it retools an assembly line at its plant in Cambridge for the first Lexus hybrid produced outside of Japan. THE CANADIAN PRESS

Wireless consumers

Canadians aren't so tech savvy, survey finds

Think you're knowledgable about roaming charges, data usage or online security? Maybe not. Canadians are among the highest adopters of technology in the world, but 57 per cent of those surveyed failed a test for tech savviness, says wireless provider Rogers Communications Inc. THE CANADIAN PRESS

Ross' Gold

Rebagliati to open medical marijuana franchise

Marijuana almost cost him a gold medal at the 1998 Olympics, but snowboarder Ross Rebagliati is hopeful the substance could soon earn him millions. He plans to open a medical marijuana franchise under the name Ross' Gold with storefronts in Whistler, Vancouver and Toronto, he announced Tuesday. EMILY JACKSON/METRO IN VANCOUVER

U.S. debt-limit crisis

House passes bill to increase borrowing limit

The House of Representatives overwhelmingly passed a bill Wednesday to permit the U.S. government to borrow enough money to avoid a first-time default for at least four months, defusing a looming crisis, but setting up a springtime debate over taxes, spending and the deficit. THE ASSOCIATED PRESS

WEATHER YOU FEEL LIKE IT OR NOT

HE SAYS...
John Mazerolle
metronews.ca

If you're a typical Canadian — a Roots-wearing, sorry-saying, proud-to-be-humble Tim Hortons tenant — then you've probably noted during the recent sub-zero temperatures that weather is relative.

Oh sure, we Canadians get cold, vibrating in bus stops at frequencies that would be of interest to scientists who work at the Large Hadron Collider, but we won't stand for anybody else saying that they're cold.

Observe.

"It's been -10 C for several days in Toronto and it's triggered an extreme cold alert that …"

By the time I get to that part in the sentence, there has been a great disturbance in the Canuck Force, with millions of voices scoffing out at once, then sputtering into silence. Also, hundreds of Internet commentators are pounding out dismissive missives about how cold their mom's basement gets.

Similarly, if a Montrealer were to complain about 40 centimetres of snow, you can bet that a Newfoundlander will say they consider that a pleasant shake of the snow globe, suitable for family photos.

I call these scornful reactions 'The Cold Snap.'

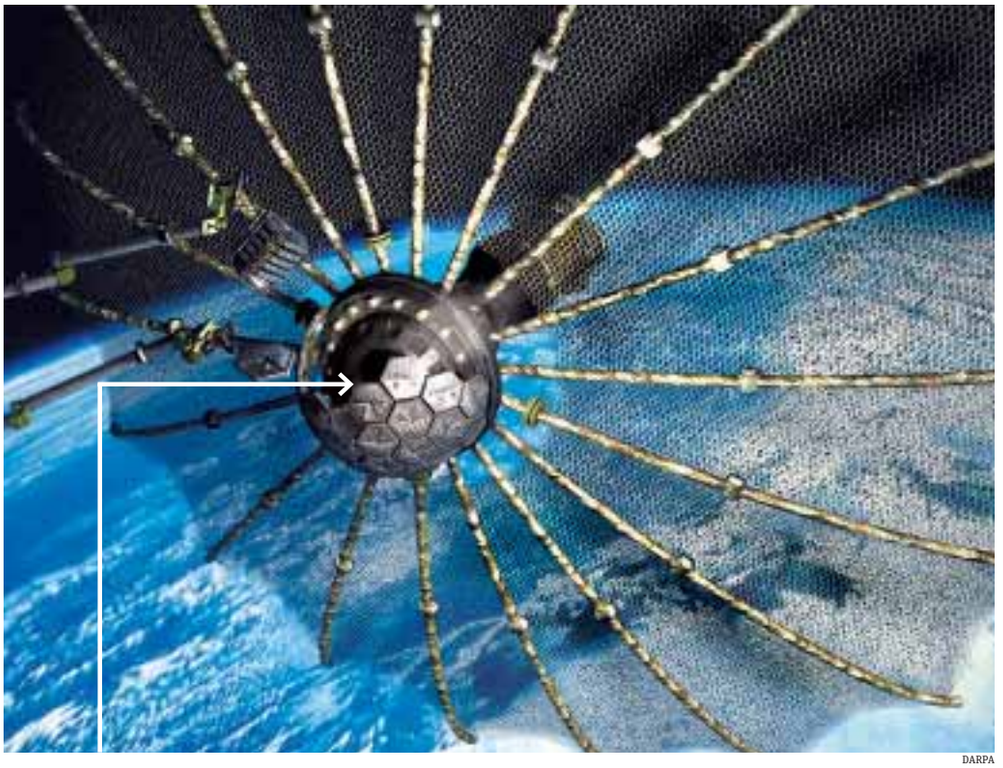
It's a natural response, but as a columnist known for my desire to bring people together, I don't think it's necessary. After all, weather isn't really relative. Did you know that most weather terms actually have very specific meanings?

It's true. Meteorologists have scientific definitions attached to things like "blizzard" and "wind chill," so there's no need to bicker about who's wintrier-than-thou. Use this glossary to heat up (ha!) any arguments over the course of this long, dark winter.

Weather glossary:

- **Arctic air mass.** Catholic service in will-they-or-won't-they wedding on season cliffhanger of popular CBC program.
- **Blizzard.** Delicious ice cream confection from Dairy Queen. Spilling one enough to put army on alert in Toronto.
- **Cold November rain.** Weather pattern caused when your fears subside, and shadows still remain. Typified by epic guitar.
- **Deep freeze.** Where Canada — "seemed nice, quiet, kept to itself" — likes to hide the bodies.
- **El Nino.** First sailing ship to bring global warming to the New World.
- **Flurry.** Group of deals that happens at NHL trade deadline.
- **Freezing rain.** Rain that freezes. I mean, c'mon.
- **Frostbite.** Right of passage for all teenagers who would rather have their ears turn bright red and swell to twice their normal size than be caught wearing a hat, which might look stupid.
- **Heavy snowfall.** Snowfall that makes you think.
- **Hypothermia.** The most awesome and romantic way to die, as seen in Titanic.
- **Ice fog.** Hangover caused by Molson Ice. Reduces visibility.
- **Lake effect snow.** A complex meteorological phenomena as explained by a caveman.
- **Large southern air mass.** Meteorological event that occurs with proper combination of Taco Bell and diet Pepsi. May lead to evacuations.
- **Precipitation.** Anything that falls from the sky, including rain, sleet, snow, manna and Canadian military equipment.
- **Snow.** David Phillips, Environment Canada's senior climatologist, can set you up if you need some. He knows a guy.
- **Snowpack.** Canadian rapper tragically killed at 32 (Fahrenheit).
- **Wind chill index.** Chart showing how relaxed the breeze will make you feel that day, from 'patio chime tingler' to 'bracing wind off the lake.' Sometimes shortened to 'chillex.'
- **Winter storm.** Canadian adult film actress and star of Bare Ice, Blowing Snow Warning and Waterspout Watch 7.

Space's future 'vacuum' cleaner



DARPA

Space satellite salvage

U.S. unveils plan to clean outer space

In the crudest way to describe them, they are "space grave robbers," but the U.S. Defense Department agency DARPA will provide a valuable salvage service.

The Defence Advanced Research Projects Agency has unveiled illustrated plans of a satellite program that will scavenge defunct satellites and recycle them to build new ones.

METRO WORLD NEWS

DARPA's viewpoint

"We're attempting to essentially increase the return on investment and try to find a way to really change the economics so that we can lower the cost (of military space missions)."

David Barnhart
DARPA program manager

The Defence Advanced Research Projects Agency is spending $180 million US on testing their technologies.

In the future

Agency identifies satellites to retire

In 2016, DARPA will launch a demonstration mission that seeks to resurrect an old antenna from a yet-to-be-determined decommissioned satellite.

DARPA has identified about 140 retired satellites that it can choose from for its first test. DARPA staff said one way to keep costs down is for the mini-satellites to hitch a ride aboard available space on commercial rockets.

METRO WORLD NEWS

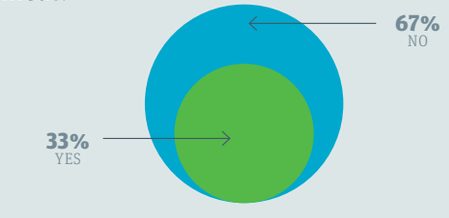
DARPA's past ideas

- **Upward Falling Payloads.** Robotic drones would rise from ocean depths to perform missions.
- **100 Year Starship project.** The project started in 2011 to transport humans beyond the solar system within a century.
- **Project Orion.** The concept of interplanetary spacecraft periodically dropping nuclear bombs out of its rear.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Would you eat a burger containing horse meat?



Twitter

@Jody_DiTrolio: Day 3 of dog barking non-stop. I don't know how to explain that it's too cold to be outside.

@PrideWestern: Have questions for out 2G5G panel tomorrow? Email us today! Pridewestern@usc-uwo.org

@joekoolslondon: Today is a day to be thankful for remote car starters and toques #canadianwinter

@SeeToTheTangO: Church sign in Lambeth: "God expects spiritual fruits not religious nuts"...that made me actually"lol" #ldnont

@Dubidge: # of people who want to attend @PearlJam in #LdnOnt in July? = everyone # actually attending = @BudGardens gonna be busting at seams

@danielsteep: Back to bed! Thx #Fanshawe for canceling ALL my classes today and my morning class tmrw (:

metro

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Alanna Gurr performs Friday at Museum London with local bands Lonnie in the Garden and The Allens. HANDOUT

Gurr, it's bold in here

Golden Coast release. Alanna Gurr wrote her new material while hiding out in a cabin outside Peterborough

BACKSTAGE PASS
Amanda Grant
london@metronews.ca

Alanna Gurr's been busy. The former Londoner has been writing songs, and recording a few as well, playing and touring with her side project Milk and Honey and tuning pianos.

This weekend, Gurr is playing here, in Toronto and Guelph to promote the upcoming release of her new single Golden Coast.

Details

Visit metronews.ca to listen to Gurr's new single Golden Coast.

Friday night Gurr will perform at Museum London as part of a new concert series at the gallery. She will be opening for locals Lonnie in the Garden, fresh from their own tour across Ontario and Quebec, promoting the band's first full-length release, Psychedelic Cottage.

Friday's set will feature five new songs by Gurr, each a result of a couple weeks she spent in October tucked away in a cabin outside of Peterborough writing music.

"When I was writing the songs, I was thinking a lot more of the band and the role they would play and what they could bring to it," said Gurr. "And I was trying to write things a little more upbeat."

Golden Coast is an example of that transition. The song is a departure from Gurr's melancholy, sweetly powerful songs, an up-tempo foray into surf rock, encouraging the audience to get on the dance floor and do the twist.

Local alt-country outfit The Allens, who just made the shortlist for CHRW's local album of the year, will also join Lonnie in the Garden and Gurr Friday night at Museum London.

"I'm really excited for this show," said Gurr.

"I haven't seen these bands since I lived in London and I'm looking forward to hear how they've evolved and share my growth as a musician with them."

The show is in the community gallery of the museum. Music starts at 9 p.m. Tickets are $8 at the door.

Around town

- **Music.** Saturday night Call the Office hosts the launch party for the Ontario Independent Music Archive, featuring a performance by Olenka and the Autumn Lovers. The archive, funded by the Trillium Foundation, aims to develop a comprehensive record of all small-scale vinyl, CD and cassette releases in Ontario. The launch party starts at 9 p.m. Tickets are $5 at the door.
- **Art.** This week, wander downtown, stopping in at the Michael Gibson Gallery on Carling to see Kelly Wallace's exhibition Level Grounds. Wallace's drawings explore space and movement, working with lines and strokes to create abstract pieces that deserve a close look. Level Grounds is on through Feb. 2.

Marlon Wayans ushers in some Ghostbuster wannabes in A Haunted House. HANDOUT

Candid Wayans weighs in on the parody genre

A Haunted House.

Scary Movie co-writer talks about his new movie while thrashing some of his old movie's 'horrible' spin offs

HEIDI PATALANO
Metro World News in New York

Marlon Wayans knows parody. He knows what it should be and what it shouldn't be. As one of the creative forces behind the sketch show In Living Color and the first two Scary Movie films, he's become one of the foremost experts on the topic along with his six famous siblings.

"I'm not saying that we're geniuses. I'm saying that if you like what we do, there's a reason," says Wayans. "It's not an accident. It's what we do. When people try to mimic it, it usually comes out pretty damn horrible."

The writer, producer and actor is quick disassociate himself with some spin-offs that followed the Scary Movie films he worked on.

"Scary Movie was a great franchise for us," he says. "We created it and we raised it. We were very proud when we did two. We sent it off to college on three and it turned into a crackhead. Now it's turning tricks in the street and I'm just going, 'That's not my child.'"

What's the problem with Scary Movie 3 and onward? Epic Movie, Date Movie and Disaster Movie too?

"A good parody should stand on it's own as a movie and not always be pop culture references or movie references," Wayans says. "That's not what a parody is — some of the things are similar but it's a story that you can follow with a character that you like."

Putting aside the franchises that have gone wrong, Wayans can keep doing what he loves doing. He has turned his attention to a new horror-comedy. A Haunted House is a found-footage movie about an African-American couple living in a house possessed by a demon.

"I was watching Paranormal Activity which is one of the biggest franchises in the found footage genre. I was just sitting there going, 'why do white people do such dumb stuff in these movies? Why don't they just leave the house?'" Wayans asks. "What if 'Paranormal Activity' happened to a black couple?'"

And so the haunting begins and not without a few blue scenes involving a few stuffed animals and even a ghost or two. "Me and the teddy bears had a blast," Wayans says. "You should interview them. They'll tell you. The two of them fell in love."

Quoted

"We sent it (Scary Movie franchise) off to college on three and it turned into a crackhead."

Marlon Wayans, actor, producer, director. On how he felt Scary Movies 3 and onward let the franchise down

Q&A

- **Is the found footage genre overdone?**
- **Absolutely not.** I think it's one of the great things that happened for young filmmakers. You don't need huge budgets, you just need some creativity. I think it's great for this generation – especially this generation of YouTubers. Everybody's so anxious to get out there and show what they can do. I don't think making a movie should be that impossible for everybody out there. I think the success that these guys have been having — I mean it inspired me to want to do a found footage comedy. I think it's a great genre."

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Max George. ALL PHOTOS GETTY IMAGES

Max George quick to deny Lohan rumours

The Wanted's Max George is going out of his way to make it clear that he is not dating Lindsay Lohan, despite the actress' attempts to keep people guessing about any possible relationship.

When a fan tweeted to George, "If you date with Lindsay, I will die," the British singer responded, "I'm not, so you're fine," adding that reports of his canoodling with the troubled starlet are "rumors, that's all."

Kelly Osbourne

Kelly Osbourne engaged to Matthew Mosshart?

Kelly Osbourne is reportedly engaged to Matthew Mosshart after a very hush-hush proposal a few weeks before Christmas, according to Us Weekly.

"Kelly is the happiest she's ever been," a source says.

"Her career is going well, and she's in a healthy relationship with a wonderful guy."

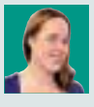
Osbourne met Mosshart at Kate Moss' wedding in July 2011, and the pair have been dating for at least a year.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Having an affair? Have a child to make up for it



THE WORD
Dorothy Robinson
scene@metronews.ca

A good way for the world to forget that whole pesky drama of Coco canoodling with Oakland rapper AP.9 in December? To get knocked up with Ice-T's baby. "I want a little girl!" Coco Austin tells In Touch in this week's issue. "We already have the name — Chanel. I want her to be a lawyer!"

Chanel T will have to wait a bit in the creation department as Coco is filling in for Holly Madison as the star of the burlesque Peepshow at Las Vegas' Planet Hollywood Resort & Casino.

"I want a little doll of my own! I could teach her to walk in heels and do her hair."

I, for one, cannot wait.

Arnold Schwarzenegger

Schwarzenegger trying to get Shriver back

As Arnold Schwarzenegger attempts to mount a comeback for his movie career, he's apparently also looking to get his marriage to Maria Shriver back on track.

Shriver filed for divorce in 2011 after it came to light that Schwarzenegger had fathered a child with the family's housekeeper, but Shriver has made no further action to move the divorce forward since the events occurred.

"We're not fighting a war. I still hope for reconciliation," he tells Germany's Bild newspaper. "I still love Maria."

Twitter

@NiallOfficial
I was not in a crash and that is not my car,

@Rosie
i think manti te'o must be gay

@EdwardNorton
I cut myself on the ribs when I dropped Wes Anderson's new script because I was laughing so hard. Grand Budapest starts this week WesA=fun

@Joan_Rivers
Big news! I'm eating for two. Unfortunately they are my left thigh and my right thigh.

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SHOPPERS DRUG MART

Hot from hips to heels

Flared, cropped, slouchy — anything goes when it comes to trousers right now. But the trend comes with its fair share of shoe problems. That's where we come in.

KENYA HUNT
life@metronews.ca

She's got the look! Sexy pants and shoes on point. PHOTO BY MICHELLE BOBB-PARRIS

Cropped skinnies

Acne skinny leather trousers, $1,250, acnestudios.com

+

A classic bootie

Whistles suede ankle boot, $238, whistles.co.uk

Styling tip: If the ankle boots are too tall, your legs will look like stubs. You want to show a sliver of sock or skin above the boot.

Tailored wide legs

Stella McCartney wide leg trouser, $595, netaporter.com

+

A bold court shoe

Zara pumps, $90, zara.com

Styling tip: Choose a bright shoe for a flash of colour as you walk.

Slouchy peg legs

ASOS jersey pants, $27, asos.com

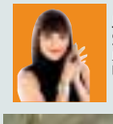
+

A graphic flat

J.Crew printed loafer, $168, jcrew.com

Styling tip: Loafers, yes. Ballet slippers, no. Why? Because this isn't 2004.

Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

IN THIS HECTIC MODERN WORLD, TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE.

@Jeanne_Beker: Floral appliques in @Dior 's modern romantic garden...

@Jeanne_Beker: Ulyana Sergeenko's precious couture accessories: hand-painted evening boxes+petit point glass frames

The Kit

Canadian street style

Spotted in: Toronto

Heather, student

Age: 23

What she's wearing
H&M hat, Hide House leather jacket, Native(X) scarf, Insight tank, Hoi Bo purse, Guns N Glamour leggings, Doc Marten boots.

Her inspiration
"A smorgasbord of Internet websites, my best friends and my boyfriend."

THE KIT PHOTOBLOGGER: KAYLA ROCCA WWW.KAYLAROCCAPHOTOGRAPHY.COM

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM, AND A WEEKLY NEWSPAPER SECTION TOO!

Coupland authors new furniture line

Author Douglas Coupland teamed up with SwitzerCultCreative to create a line of furniture, being unveiled at Toronto's Interior Design Show this weekend. EMA PETER

Stuck in your JPod?

Best-selling author creates line with writers and artists in mind

Furniture designer is the latest addition to author Douglas Coupland's growing list of accomplishments.

The best-selling author teamed up with SwitzerCultCreative, a brother-sister luxury design collection, to create a line of furniture that is being unveiled at Toronto's Interior Design Show this weekend.

When I first heard about the furniture line, I was curious about what you would be designing — couches, tables, ottomans? But looking at the collection, it makes perfect sense. It's designed for creativity, for a writer, an artist. Why did you want to do this collection?
I've been using an escritoire for years and it's the perfect thing for writing — its ergonomics — it's closeability … and the fact that it feels slightly going-back-in-timeish to use one. It's not a category anyone else on earth is doing right now.

What was the inspiration behind the collection? I know you spent time in Japan; did that experience influence this collection?
Aside from my own happiness with my own escritoire, my time in Japan was a big factor. In art school there, calligraphy is mandatory, and to do it properly, there's a little bit of ritual involved … this desk does that perfectly, but it works for laptops as well as ink.

There seems to be a combination of order, chaos and calm to the collection. You can close the desk, you can slip the seat underneath, and the bookcases can be closed. You can work at them, but at the same time, you can "walk away," take a break. Was this a consideration when you designed them?
I designed the bookshelves 17 years ago and have lived with them all that time, and pretty much every person who's come into the house has asked me where I got them. It took a while for the penny to drop: these are really lovely functional bookcases that work in whatever combination you buy them in. Don't buy a desk if you don't need one, but the bookcases are pure gold. I sound like a catalogue, but it's true. They're crazy useful. And yes, you can close it all and walk away knowing everything's safe. My own desk, under its closed door, is an absolute pigsty — and had I not revealed that to you now, no one on earth would ever know what a desk slob I am.

This seems like a collection for a writer, a scholar, a book lover…
It is!

What sort of things would you write about sitting at a desk like this?
Well I'm going to write what I'm going to write regardless. But there's something intimate about these pieces that in turn fuels an intimacy in what's written. I don't think I could write much of what I do at home in a library carrel or a hotel room.
METRO

THE PIECES

Osaka Bookshelves

Copeland named the stackable shelves after shelving he saw that survived the 1995 Osaka earthquake. "Ninety-nine per cent of books are either paperback, hardcover or 'oversize.' Anyone's book collection will fit snugly and easily into whatever configuration works for them."

Ryoan-ji Lamps

The lamps are available in floor and desk models with a checker-pattern shade made of wire and soji-type material. Copeland was inspired by the temple at Ryoanji in Kyoto. "The sliding doors there have a checkered pattern that melted my brain when I saw them. They're perfect objects."

The Bento Box Escritoire

"Four years ago, I broke my left leg quite badly and for four months I had to reconfigure my entire house. I saw an escritoire on Craigslist and thought: Hmmm … that might just work for me now. And it really did. This piece here is a perfection of my experience with this kind of desk," says Coupland.

The Writer's Seat

"I have memories of my calligraphy teacher in Sapporo hounding me about not slumping," Coupland says about the seat, available in five colours. "To look at the picture, it looks kind of awkward, but when you sit in it, your body goes … oh, now I get it. It's very comfy regardless of your body shape or size."

The Douglas Coupland for SwitzerCultCreative collection is only available through SwitzerCultCreative — switzercultcreative.com

Home design events can help you find your style

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

It may not feel like winter's going anywhere anytime soon, but spring is only a few months away. In fact, the first signs of the season have already started popping up in various Canadian cities — in the form of home and garden design shows.

Home decor enthusiasts are thrilled that all their local resources gather under one roof to make their upcoming decor, renovation and gardening projects a breeze to research.

One of the first home design shows of the year in Canada is Toronto's Interior Design Show, which runs until Sunday at the Metro Toronto Convention Centre.

Of course, I intend on checking it out for new decor trend inspiration and hopefully I will find a few things to help tackle those lagging decorating projects around my house.

With the cold weather we've been having, it was nice to get inside, check my coat and explore the hundreds of products and services on display.

I was glad to see that the show not only featured the latest and greatest in contemporary and modern decor, but also offered something for the traditionalist at heart.

Being a huge fan of the PBS show Downton Abbey, I found lots of inspiring traditional decor touches to mic into my modern decor; and with Downton Abbey trending like crazy, the show's traditional style will no doubt be peaking into our homes in the near future.

Lucky for me, I got a sneak peak at the show and found some fabulous items that I wanted to bring into my own urban castle.

Here's a few tips and tricks for navigating the large home and design shows:

1. Check your coat. The more comfortable you are, the more time you will want to spend exploring.

2. Leave the young ones at home. There's not a three- year-old on this planet that wants to be there.

3. Bring a list of products or services you are hoping to find. You can use your time much more efficiently if you know what you are looking for.

4. Don't get caught up in "special pricing," especially for large-ticket items. If you are serious about purchasing something, then leave a small deposit or ask for the special price to be extended a week so you can think about it.

5. Check the show's website in advance for free seminars and celebrity appearances you don't want to miss. Some great inspiration from an expert might just help solve a few of your design dilemmas.

Traditional wallpaper can take on a modern feel when printed with updated trend colours like grey and yellow. FARROW-BALL.COM

White Oak Gotham wood flooring: Hand scraped oak floor stained in a cool grey helps to add old-world charm to new, boxy spaces. VINTAGEFLOORING.COM

Lillian August's Albert sofa: Curvy lines and elephant- coloured fabrics help bring tradition to the most modern spaces. cocoonfurnishings.ca

From a small Ontario restaurant to your kitchen table: Annie's Gnocchi

Annie Buttus of That Little Place by the Lights in Huntsville, Ont., turns out amazing homemade gnocchi and lasagna from an electric stove in the basement of the small restaurant she owns with her husband Loris.

Ingredients

Meat Sauce
- 30 ml (2 tbsp) vegetable oil
- 15 ml (1 tbsp) butter
- 1 onion, chopped
- 500 g (1 lb) ground beef
- 5 ml (1 tsp) each crumbled dried rosemary, dried oregano, dried parsley, dried basil, dried thyme and chili flakes
- 1 l (4 cups) canned plum tomatoes
- 1 l (4 cups) tomato purée
- 1 can (369 ml/13 oz) tomato paste
- Salt and pepper, to taste

Gnocchi
- 4 medium baking potatoes (unpeeled)
- 2 large eggs, lightly beaten
- 1 ml (1/4 tsp) salt
- 500 ml (2 cups) all-purpose flour (approx)

That Little Pace by the Lights is just one of the places John Catucci visited for You Gotta Eat Here!

"That was one of my favourite places that I shot at," Catucci says. "I had gone to the cottage in Huntsville a few times and we stopped in that little restaurant. It's tiny. From the outside I wasn't expecting much. But when you got in, you could smell the tomato sauce cooking right away and you kind of knew that it was the real deal."

In the companion book to his show, Catucci offers the recipe for Annie's Gnocchi.

1. Sauce: In pot over medium heat, heat oil and butter. Add onion and cook, stirring, until golden brown. Add ground beef and cook until brown.

2. Stir in rosemary, oregano, parsley, basil, thyme and chili flakes, then add tomatoes, tomato puree and tomato paste. Fill each empty can halfway with water and add to sauce. Cook, uncovered and stirring occasionally, for 1 1/2 hours or until your preferred thickness. Season with salt and pepper.

This recipe makes eight to 10 servings. THE CANADIAN PRESS H/O

3. Gnocchi: Boil potatoes until easily pierced with a fork. Drain and let cool. When cool enough to handle, peel and mash.

4. Turn mashed potatoes out onto a lightly floured work surface. Make a well in the centre and fill with eggs and salt. Using a wooden spoon or your hands, start mixing in potato from the sides of the well. When all the potato is incorporated, knead dough, adding as much flour as needed to make a firm dough.

5. Divide dough into 4 equal pieces. Dust work surface lightly with flour. With your hands, roll each piece into a rope about 1 cm (1/2 inch) thick. Cut each rope into 1-cm (1/2-inch) long pieces and shape. Place on a baking sheet dusted with flour.

6. Bring a large pot of salted water to a boil. Use bench scraper to scoop up gnocchi and drop into boiling water. When gnocchi rise to the surface, they are ready. Using a slotted spoon, transfer to a bowl. Toss gnocchi with sauce and serve. **THE CANADIAN PRESS/ YOU GOTTA EAT HERE! CANADA'S FAVOURITE HOMETOWN RESTAURANTS AND HIDDEN GEMS BY JOHN CATUCCI AND MICHAEL VLESSIDES (LONE EAGLE ENTERTAINMENT; PUBLISHED BY HARPERCOLLINS CANADA, 2012).**

Cookbook of the Week

Pair the show with its companion book

As the host of TV's You Gotta Eat Here!, John Catucci travels the country highlighting little-known restaurants. Now, he is releasing a cookbook of the same name, co-written with Michael Vlessides.

The book is essentially a companion to the show and includes stories, recipes and more from each restaurant.

Packed with full-colour photographs throughout, You Gotta Eat Here! also includes more than 125 easy-to-follow recipes so you can make outrageously good food at home. **THE CANADIAN PRESS/ METRO**

Maple Fried Oatmeal makes brunch sizzle

This recipe comes from Diner Deluxe in Calgary, a restaurant John Catucci of You Gotta Eat Here says is synonymous with brunch. The oatmeal is made traditionally, then spread on a pan and cut into squares when cool. After it's fried, chef James Waters drizzles it with maple syrup, pours rich homemade vanilla bean cream sauce over it and tops it with a dollop of lemon curd.

"It works. It works so well," says Catucci. "It's so, so delicious. They serve it in the skillet and then they add that lemon curd on top of it too. The whole meal was great."

Ingredients

Lemon Curd
- 250 ml (1 cup) sugar
- 2 eggs
- 5 egg yolks
- Zest and juice of 5 lemons
- 250 g (1/2 lb) cold butter, cubed

Vanilla Cream
- 500 ml (2 cups) apple juice
- 125 ml (1/2 cup) maple syrup
- 50 ml (1/4 cup) lemon juice
- 45 ml (3 tbsp) vanilla extract
- 2 l (8 cups) whipping cream

Oatmeal Squares
- 1 l (4 cups) quick-cooking rolled oats
- 50 ml (1/4 cup) brown sugar
- 45 ml (3 tbsp) unsalted butter
- 30 ml (2 tbsp) salt
- 5 ml (1 tsp) cinnamon
- 2 ml (1/2 tsp) nutmeg
- 125 ml (1/2 cup) dried cranberries

Assembly
- 15 ml (1 tbsp) unsalted butter
- 125 ml (1/2 cup) maple syrup

1. Lemon Curd: In a heatproof bowl, whisk sugar, eggs, egg yolks and lemon zest and juice until well combined. Whisk over simmering water until a ribbon of mix is visible for a few seconds after whisk is lifted.

2. Remove from heat and whisk in cold butter, a few pieces at a time, whisking until butter is melted and mixture is smooth and cool. Cover surface with plastic wrap and refrigerate until needed.

3. Vanilla Cream: In saucepan, combine apple juice, maple syrup, lemon juice and vanilla. Simmer over medium 8 mins.

4. Stir in whipping cream and return to gentle simmer. Simmer until reduced by half, about 20 minutes. Let cool. Cover surface with plastic wrap and refrigerate until needed.

5. Oatmeal Squares: Lightly butter or line with parchment paper a 23-by-15-cm (9-by-6-inch) baking pan.

6. In saucepan, bring 1 l (4 cups) of water to a boil. Stir in oats, brown sugar, butter, salt, cinnamon and nutmeg. Bring mixture back to a boil, then reduce heat and simmer, stirring until oats are cooked, 8 mins. Stir in dried cranberries, then spread mixture on baking pan. Let cool. Slice into 8 bars.

7. Assembly: In non-stick skillet over medium heat, melt butter. Gently fry oatmeal squares until lightly browned on bottom. Flip squares and cook until golden on second side. Transfer to plates and top each square with 15 ml (1 tbsp) maple syrup, 125 ml (1/2 cup) vanilla cream and 15 ml (1 tbsp) lemon curd.

THE CANADIAN PRESS/ YOU GOTTA EAT HERE! CANADA'S FAVOURITE HOMETOWN RESTAURANTS AND HIDDEN GEMS BY JOHN CATUCCI AND MICHAEL VLESSIDES (LONE EAGLE ENTERTAINMENT; PUBLISHED BY HARPERCOLLINS CANADA, 2012).

Knights determined to shake off losing ways

OHL. Eastern swing presents chance for league-best London to bust relative slump

JOHN MATISZ
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Anthony Stolarz, who is slated to play goal for the London Knights on Thursday, finds the top corner while warming up before the start of practice at Western Fair Sports Centre on Wednesday. JOHN MATISZ/METRO

Dictionary.com describes a "slump," in the context of sports, as a "period during which an athlete or team fails to play or score as well as usual."

What's excluded from the definition is advice on when it's appropriate to declare a slump.

Take the London Knights, for instance.

They are the Ontario Hockey League's top team by a country mile. Heading into Wednesday's games, the Knights' 35-8-1-2 record puts them 11 points up on the Owen Sound Attack and Barrie Colts, two teams tied for second.

Yet they've dropped three straight games — all to middle-of-the-pack clubs. Does this mean they are in the midst of a slump, then?

"It is (a big deal), but we have to move on," said Knights captain Scott Harrington, who is non-committal on using the word.

Either way — slump or no slump — it's abundantly clear the Dale Hunter-led squad is eager to put an end to its recent mediocrity. They're on the road this weekend, facing three East Division foes in the Ottawa 67's, Belleville Bulls, and Kingston Frontenacs.

"I always look forward to the eastern swing," said Harrington, a Kingston native who hasn't been home since Thanksgiving. "Belleville is going to be a good game, for sure. They've got some good players and picked up some good forwards as well."

Power forward Josh Anderson adds London cannot take the last place 67's lightly. When the OHL's best and worst met on Jan. 11, the Knights manhandled Ottawa, winning 10-5.

But that was their last victory.

Rookie rearguard Miles Liberati, who has been a healthy scratch ever since London brought in a pair of defencemen prior to the trade deadline, says his mates were "too relaxed" going into Jan. 12's loss to the Saginaw Spirit.

The 17-year-old from Cheswick, Pa., hopes to crack the lineup against the Bulls. Liberati scored his first career goal on Belleville goalie Malcolm Subban on Nov. 2.

"That was fun," he said, smiling. "If I get into that game, hopefully I'll be able to put another one in."

Knights goalie coach Bill Dark says Anthony Stolarz will start between the pipes versus the 67's.

Road ahead

- **Thursday.** Scotiabank Place, 7 p.m.
  Versus: Ottawa 67's
  Record: 12-32-0-3
  Hot hand: Sean Monahan (17 goals, 34 assists)
- **Saturday.** Yardmen Arena, 7:05 p.m.
  Versus: Belleville Bulls
  Record: 25-13-3-2
  Hot hand: Tyler Graovac (24 goals, 20 assists)
- **Sunday.** K-Rock Centre, 2 p.m.
  Versus: Kingston Frontenacs
  Record: 20-22-2-1.
  The hot hand: Darcy Greenaway (21 goals, 16 assists)

***Wednesday games not included in statistics**

Athletics Canada

Two coaches fired after poor showing at London Games

Athletics Canada has fired its two top coaches.

Head coach Alex Gardiner and chief high performance officer Martin Goulet were let go by track and field's national governing body Wednesday, on the heels of Canada's disappointing performance at last summer's London Olympics.

"I think now especially with dollars being involved, there's accountability and there are performance expectations," Athletics Canada's CEO Rob Guy said in a phone interview from his Ottawa office. "Really we're in the performance business, we have objectives for performance and just like anybody else, we need to meet them.

"We get a lot of money to attempt to win medals, and when we don't do that, we need to look at ways as to how we get better."

Canada had set a target of three athletics medals in London, but fell short, coming away with just one — Derek Drouin's bronze in high jump. THE CANADIAN PRESS

Track and field

"It's too hard paying for Anika to either go with me to Phoenix or to bring her through Toronto and drop her off in London."

London native Jessica Zelinka on the difficulties of being a track and field athlete. Zelinka, one of Canada's top track athletes had to take a pass on a training camp in Phoenix next month. Zelinka's been without a coach since she moved to the U.S. with her husband. She also lost her funding for her three-year-old daughter Anika, who stays with her parents in London, Ont., when she travels for training.

Hotdog! U.S. fans filling up on NHL hockey

Fans make their way into Scottrade Center prior to the Blues' home opener against the Red Wings on Saturday in St. Louis. GETTY IMAGES

Boycotts were threatened. Irate tweets were posted.

NHL fans were fed up with labour strife updates and they weren't coming back to the sport they loved once the lockout was lifted.

Except that they did. In most U.S. homes and arenas, they came in record numbers, unable to stay away for that first faceoff.

Fans partied in Nashville, where $1 hot dogs helped woo Predators supporters.

In Columbus, the Blue Jackets took the ice for warmups wearing jerseys numbered 1 with "Thank You Fans" printed on the back. The jerseys were then given to fans.

In Philadelphia, a city that hasn't sniffed a Stanley Cup parade since 1975, a record 19,994 fans showed up for the season opener against the Penguins.

And in Pittsburgh, Consol Energy Center was packed during a free instrasquad game last week. Just to make sure the fans will stay satiated — as if watching Sidney Crosby isn't enough — the Penguins are giving those in attendance during the first four home games vouchers for free food and dropping prices on team merchandise by 50 per cent.

Crosby wasn't surprised at how fans stuffed arenas around the NHL.

"I think it's great to see that we're still getting the turnout that we're getting," he said.

THE ASSOCIATED PRESS

You want couch potatoes with that?

Numbers from the first few days of action show fans flocking back to their TVs to watch the NHL.

- NBC's broadcast Saturday was the most-watched non-Winter Classic game in 14 years. It was regional coverage of the Chicago Blackhawks defeating the Los Angeles Kings and Pittsburgh's 3-1 win over Philadelphia. All told, 2.77 million viewers tuned in.
- It was the most-watched regular-season coverage on NBC since the network again began broadcasting the NHL in 2006, peaking at 3.82 million viewers.

See today's answers at metronews.ca/answers.

Horoscopes

Aries
March 21 - April 20
No matter how much of a livewire Aries you happen to be, there are only 24 hours in a day. If you want to do more in one area, you will have to do less in another. Start making plans right away.

Taurus
April 21 - May 21
It's true that the higher you aim, the more challenges you will face but if you know what you want and if you believe in yourself there is nothing you cannot accomplish. Show the world what you're made of.

Gemini
May 22 - June 21
Do something positive with your time and energy today. The Sun in your fellow Air sign of Aquarius raises your spirits and makes you believe that all things are possible. But it's still up to you to make the effort.

Cancer
June 22 - July 23
The planets are making it easy for you to make difficult decisions. You know what needs to be done and you know if you don't do it no one else will either. You're clearly motivated to make a difference.

Leo
July 24 - Aug. 23
Cosmic activity in your opposite sign means you must take other people's opinions into account now. If you put your own ego needs first, you can expect to meet some stiff opposition over the next few days.

Virgo
Aug. 24 - Sept. 23
The Sun in the wellbeing area of your chart means you have to be a bit more sensible about what you do and how you do it. It's totally OK to work hard, but not so hard that you run yourself into the ground. That's never OK.

Libra
Sept. 24 - Oct. 23
Creatively and romantically the next few weeks are going to be a lot of fun, so set your sights high and don't let anyone tell you that you are expecting too much from life. You'll get all you desire and more.

Scorpio
Oct. 24 - Nov. 22
You need to pay attention to what loved ones are trying to tell you. Being a Scorpio, it's quite easy for you to switch off and ignore those around you but if you do that now you'll mess up big time.

Sagittarius
Nov. 23 - Dec. 21
Over the next few days you will find that things start going your way for a change, which in turn will make you feel happier about life generally. Sagittarians who enjoy meeting new people will be in their element.

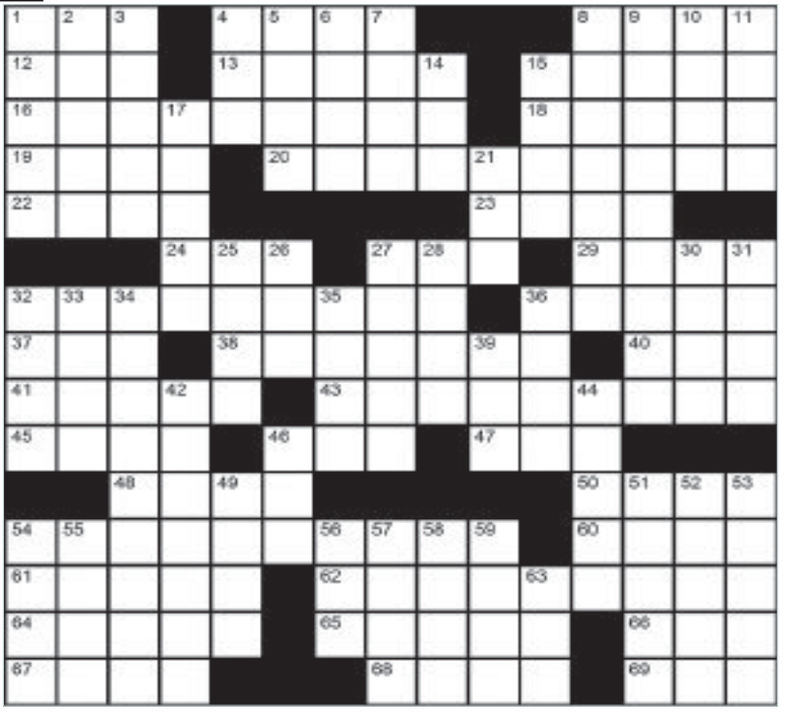
Capricorn
Dec. 22 - Jan. 20
You've had a lot of ideas and started a lot of new projects in recent weeks. But if you want to be successful, you must be selective. Commit yourself to a single ambition and focus all your energies in that direction.

Aquarius
Jan. 21 - Feb. 19
Forget everything that has gone before because the only thing that matters is what comes next. The Sun in your sign means a new start is possible, and the sooner you begin the sooner you will be smiling again.

Pisces
Feb. 20 - March 20
You feel more deeply than others but that can sometimes put you at a disadvantage. For the remainder of the week, you need to use your head more. Logic is as important as intuition. SALLY BROMPTON

Crossword: Canada Across and Down

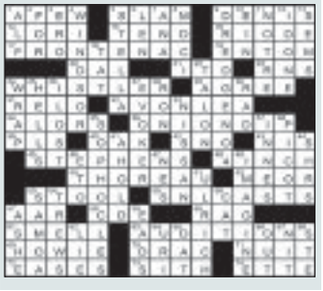
BY KELLY ANN BUCHANAN



Across
1. ___ T (Perfectly suited)
4. Dime, for one
8. "Star Trek: Deep Space Nine" role
12. Sort of tide
13. Year: French
15. Company in 2001 headlines
16. Participant in MuchMusic's 'Search': 2 wds.
18. "Dead __ Society" (1989)
19. "Ouch!"
20. Tragically Hip singer: 2 wds.
22. French 101 verb
23. Strait of Belle __
24. Catch
27. Barley bristle
29. Danish shoe brand
32. Village in Harry Potter's world
36. Old Testament hymn
37. Lettered grocery store
38. Canadian hurdling champion Ms. Felicien
40. Narrow inlet
41. Actress Ms. Ward's
43. Canadian ballet star: 2 wds.
45. Poivres partners
46. Toronto Stock Exchange, cool-style
47. Floral necklace
48. Prefix with 'sphere'
50. Grate
54. Canadian-invented dessert: 2 wds.
60. Preposition
61. 'Weird Al' Yankovic hit: 2 wds.
62. Leonardo da Vinci drawing, __ Man
64. Ballet class handrail
65. SNL alum Cheri
66. Bdwy. musical, with Les
67. Country singer Collin
68. Make money
69. Verdi aria: "__ Tu"

Down
1. Topol's "Fiddler on the Roof" (1971) role
2. __ d'art
3. Don't like at all
4. Ottawa, e.g.
5. Blood type, _ __.
6. Bit of knowledge
7. Prefix to 'ologist'
8. Beyonce's last name
9. "Fame" (1980) star: 2 wds.
10. __ de boeuf
11. L'__ aux Meadows
14. Yore
15. Heroic verse
17. Movie actor Mr. Wilson's
21. Clamour
25. Rocker's li'l speakers
26. Bzzz-er
27. Type of antelope
28. Figure skater Johnny
30. Old Rome's 152
31. Sultanate of __
32. Kitty's sound effect
33. Arch type
34. Valour
35. Noah-style boats
36. Window piece
39. Address book no.
42. Fred of dance
44. Russian ballet company
46. Canuck comic Mr. Green
49. Bitty bug
51. Cartoon style of Japan
52. Step
53. Investment fraud scheme
54. Omaha, __.
55. Small battery size
56. Lacto-__ vegetarian
57. Chomp
58. Over-fed = ___ lot
59. Keyboard letter, but it's stuck
63. 'Peng' tail?

Yesterday's Crossword

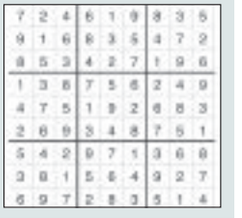


Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

4			5		2			
3	6						1	8
	5			3		4		
	3		8	5				9
		8				7		
5				9	1		3	
		7		2			6	
9	1						8	5
			3		9			7

Yesterday's Sudoku



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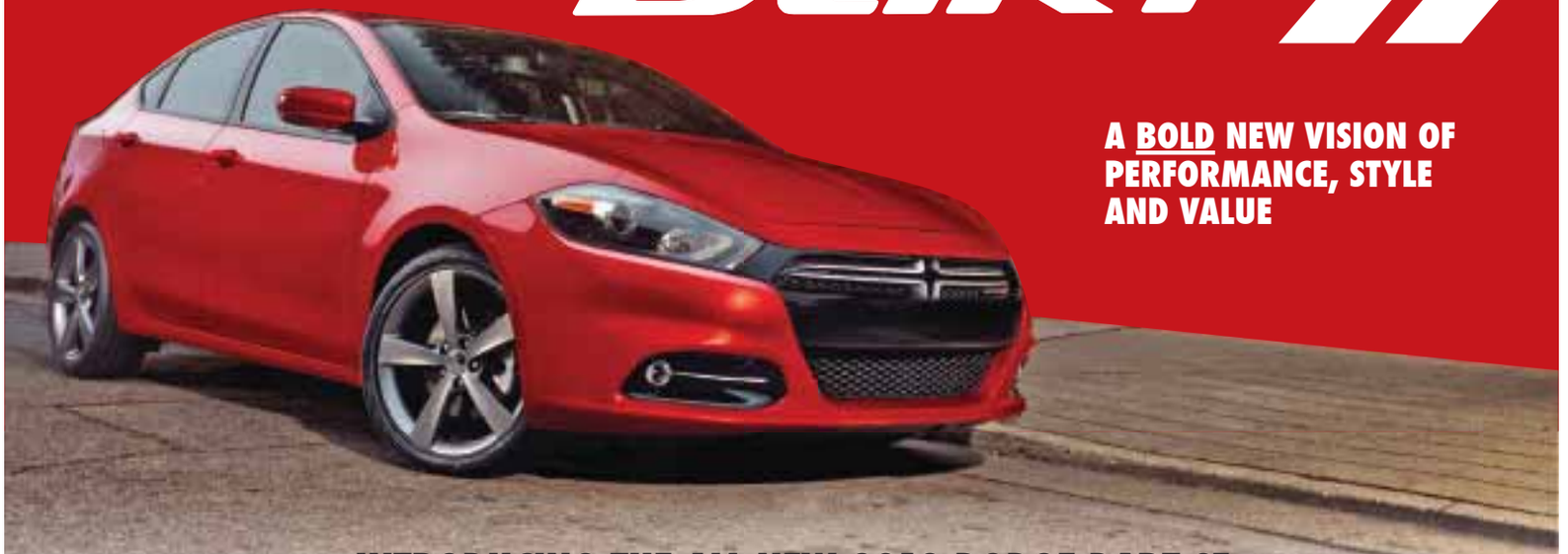

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